My semester goals – Individual plan, 2nd part

Name and surname:

- 1. Which set learning goals / knowledge have you (partially) achieved in the meantime and to what extent?
- 2. Which obstacles have you encountered in achieving your goals so far and how/if have you addressed and overcome them?
- 3. What specifically helped you the most in achieving your goals during this time, what proved to be the most effective? *Write down at least 3 strategies, ways, etc.*
- **4.** Self-assessment of success and direction for the future On a scale of 1-5, rate your current performance in achieving your goals. Specifically, write down how you plan to continue until the end of the semester (will you change something, adjust...).