

A CASE IN WHICH YOU:

Emphasized effort and progress over final outcomes (focus on students' improvement, rather than their success or failure).



A CASE IN WHICH YOU:

Encouraged in-depth learning
(emphasized that students who take
longer to learn can ultimately
understand things at a deeper level).



A CASE IN WHICH YOU:

Created a growth mindset culture (in which the goal is to help students learn, not to judge them; and exerting effort, and surmounting obstacles is valued more than natural or innate talent).



A CASE IN WHICH YOU:

Praised students for their effort, not abilities (feedback focused on effort promotes the idea that students have the ability to continue learning).



A CASE IN WHICH YOU:

Labeled a student.



A CASE IN WHICH YOU:

Conducted interventions to develop growth mindsets.



A CASE IN WHICH YOU:

Evaluated students based on their growth.



A CASE IN WHICH YOU:

Encouraged students to develop their knowledge of an individual topic or skill.



A CASE IN WHICH YOU:

Discussed with students stories of people that have changed over the years (instilling the belief that humans are malleable).



A CASE IN WHICH YOU:

Used phrases that highlight the capacity to change such (e.g. “It’s never too late to learn”, “Experience is the best teacher”).



A CASE IN WHICH YOU:

Included material on individuals who have made significant contributions to their fields, emphasizing their hard work and effort.

